

ULME35

Encounter — Art — Social

OPENING HOURS

Café35

Wednesday	15:00—20:30
Thursday	15:00—20:00
Friday	15:00—20:00
Saturday	14:00—19:00

during events bis 21:00

Clothing Bank

Wednesday	15:00—17:00
Thursday	15:00—18:00
Friday	15:00—18:00

Meeting Point #Ukraine

Wednesday	15:00—18:00
Thursday	15:00—18:00
Friday	15:00—18:00



more information and
languages, updates

Ulme35 · Interkulturanstalten Westend e.V.
Ulmenallee 35, 14050 Berlin



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 @interkulturanstalten

DECEMBER 2025



EVENTS

THURSDAY, 04.12. **»Under Occupation – Above Hope« — Book launch & vernissage**
16:15—20:00
entry from 16:00
Presentation of works by artist and author Shahd Al-Shamali, created as part of her Artist at Risk scholarship. Registration is not required.

FRIDAY, 05.12. **»The Old Oak« — Intercultural cinema**
19:00—22:00
entry from 18:30
Director Ken Loach's film tells of the power of solidarity and the hope that solidarity and charity can defeat xenophobia and racism. Audio language: EN, subtitles: DE. Registration via website.

SATURDAY, 06.12. **»Nur von den Dichtern erwarten wir Wahrheit« — Salon concert**
19:00—21:00
entry from 18:30
Peter Oliver Loew, Waltraut Elise Elvers and Heidemarie Wiesner bring Hannah Arendt's poetry and short episodes from her life into a lively dialogue with music. No registration required. An event organised by ArtSalon.

THURSDAY, 11.12. **»KOPFARBEIT« — Art exhibition & concert**
19:00—21:30
entry from 18:30
The exhibition is the result of intensive exploration of the theme of 'the head' by the creative group Sonntagsfrauen. The vernissage will be accompanied by a groovy concert by the Micha Gechter Guitar Group together with lead singer Leyla D. Registration is not required.

FRIDAY, 12.12. **»Ulme35 Christmas Party« — Get-together**
16:00—20:00
entry from 16:00
Celebrate the end of the year together, enjoy a concert by the Ulme35 choir and get together for crafts for children, delicious treats and artwork from the studio. No registration required.

SATURDAY, 13.12. **'One Day and One Night' — Semester Concert**
20:00—21:00
entry from 19:30
Music students from the Kalamon Institute for Arabic Language will jointly present an evening of pieces from the repertoire of Syrian, Egyptian, Saudi and Arab musical traditions. No registration required.

! NOTE ! Ulme35 is going into hibernation and will be closed from 21 December 2025 to 5 January 2026. We will be back on 7 January 2026!

REGULAR EVENTS

MONDAY

10:00—11:30

Familienkreis¹

For families with children aged 0 to 1.5 years

15:30—17:00

Creative time

For the whole family

TUESDAY

10:00—12:00

Intercultural playgroup¹

For families with children aged 0 to 2 years

14:00—15:00

Gut feeling¹

Mindfulness & exchange for pregnant women.
Please register by e-mail to
familienzentrum-kastanienallee@pfh-berlin.de

16:00—17:00 Uhr

In Connection¹

Relaxation and exchange for single parents,
with parallel activities for children.

WEDNESDAY

10:00—12:00

Intercultural playgroup¹

For families with children aged 0 to 2 years

15:00—17:00

Integration guides²

Support and information on residence, German courses, Jobcenter, social welfare office, school, etc. – Languages: Kurdish, Turkish, Persian (Farsi / Dari) Russian, Ukrainian.

15:30—17:00

Wednesday meet-up for families¹

A space for all types of families with children aged 3–6. Exchange ideas and network.

17:30—18:30

Yoga

Work on your flexibility and strengthen your body during an hour of yoga with Tania.
Participation costs €10 or €7 with a discount.

18:00—20:00

Bike repair shop – open for everyone

Whoever needs a bicycle or would like to repair their own under supervision is cordially invited.

18:00—21:30 Winterbreak from 10.12.2025–31.01.2026

Happy printing in the print workshop

Application of various printing techniques and creation of own works of art. Please register by e-mail to kunst@ulme35.de.

18:30—20:00

Language café

For all people who want to speak German with each other, play games and have fun.

THURSDAY

15:00—17:00

Integration guides²

Support and information on residence, Jobcenter, social welfare office, etc. – Languages: Arabic, Latvian, Persian (Farsi / Dari), Russian.

15:00—18:30 / every 1. Thursday of the month

Social counselling for male migrants

ZAKi — Bildung und Kultur e. V. supports integration in Charlottenburg-Wilmersdorf • Languages: Arabic, German. Appointments by message to 0176 84 76 57 87 (from 16:30 Men's café without registration)

16:00—18:00

uLMoToP!A

Workshop for sustainable building and crafting. The offer is open to all without registration.

17:00 – 18:30 / every 2nd Thursday of the month

SchreibSalon (from 11.09.)

Writing, reading and discussing biographical-fictional texts together. registration by email to SchreibSalonUlme@web.de

17:00– 19:00 / every 1st & 3rd Thursday

Knitting, crocheting, sewing at conservatory

Cosy get-together with coffee and handicrafts – knitting, sewing and crocheting in a friendly group, led by neighbour Simone.

18:00—20:00 / every 4th Thursday of the month

Westend Photo Club

The Westend Photo Club meets in the Ulme35 library to exchange experiences.

18:00—21:00

Open atelier with registration

We will try different art techniques. Please register by e-mail to kunst@ulme35.de or message to 0179 940 77 95 (Elzbieta)
18:30—20:30

Ulme35-choir — voices without borders

An intercultural sing-along choir for everyone.

FRIDAY

17:00—18:00

Yoga

Work on your flexibility and strengthen your body during an hour of yoga with Tania.
Participation costs €10 or €7 with a discount.

17:00—19:00

Spieleabend

Open for everyone.

SATURDAY

12:00–14:00

Back on Track – Learning Support

Children meet with their mentors, who explain the learning material in German and Arabic.

15:00—17:00

Language café

For all people who want to speak German with each other, play games and have fun.

15:00—18:00

Children's cinema

We show movies for children. Afterwards we paint together.

SUNDAY

11:00—12:30

»Cogito, ergo sum«

An open philosophy-discussion round. Please register by e-mail to philosophie@ulme35.de

13:00—16:00 / every last Sunday of the month

Sunday women — art workshop for women

In the Ulme35 studio. Please register by e-mail to sonntagsfrauen2018@gmail.com.

¹ Offers of the Kastanienallee Family Centre, Changes at short notice
via: www.pfh-berlin.de/de/familienzentrum-kastanienallee

² www.iranischegemeinde.org