ULME35

Encounter — Art — Social

OPENING HOURS

Café35

Wednesday 15:00-20:30 Thursday 15:00-20:00 Friday 15:00-20:00 Saturday 14:00-19:00

bis 21:00 during events

Clothing Bank

15:00-17:00 Wednesday 15:00-18:00 Thursday 15:00-18:00 Friday

Meeting Point #Ukraine

Wednesday 15:00-18:00 Thursday 15:00-18:00 Friday 15:00-18:00



more information and languages, updates

Ulme35 · Interkulturanstalten Westend e.V. Ulmenallee 35, 14050 Berlin



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SATURDAY, 01.11. »Kurdish Improvisational Theater« — Theater 18:30-20:30 Performances by the Dem Collective. Focus on social, cultural,

entry from 18:00 linguistic, and political issues. Ideas are suggested by the audience.

No registration required.

WEDNESDAY, 05.11. »Aufktakttraining GemeinsamKie« — Information event

17:00—20:00 »Plan B 2030 e.V.« provides knowledge, exercises, and motivation to start a house or neighborhood group. Registration via: https://

planb2030.org/events#/events/849

FRIDAY, 07.11. »Florence Green's Bookshop« — Intercultural cinema

19:00-22:00 entry from 18:30

Subtle film adaptation of the novel »The Bookshop« and discussion with Carolin Schönle (neighborhood bookstore "Der Divan"). Audio

language: EN, subtitles: GER. Registration via website.

THURSDAY. 13.11.

»Open Stage of Recitation« — Recitation evening

18:00-20:00 entry from 17:30

The Friends of Recitation invite you to their first open poetry reading. Please register for your own contributions: info@freunde-der-

rezitation-berlin.de. An event organized by Jürgen Ebbing.

»We Are Part of Berlin« — Panel discussion & networking

entry from 17:00

17:30—21:00 Closing event of the "We Are Part of Berlin" project on the topic of civil society/political participation of Ukrainian refugees, opening up space for discussion about the future. Registration is requested via: cinemovaberlin@gmail.com.

SATURDAY, 15.11.

»Rhythm Connects« — Drum Workshop

15:00—18:00

Multi-percussionist Mahdi Gholi Zadeh invites you to an open workshop introducing global percussion instruments. Registration via

kunst@ulme35.de.

FRIDAY, 21.11.

»High-pressure printing press« — Printing workshop

17:00—19:00

Learn how to operate the printing press in the Ulme35 printing workshop. Registration until 19.11.25, via kunst@ulme35.de.

FRIDAY, 28.11.

»Everything must be hidden« — Reading

19:00-21:00 entry from 18:30

Monika Heintze presents her first novel in a reading followed by a discussion. Registration via website.

REGULAR EVENTS

MONDAY

10:00-11:30

Familienkreis¹

For families with children aged 0 to 1.5 years

15:30-17:00

Creative time

For the whole family

TUESDAY

10:00-12:00

Intercultural playgroup¹

For families with children aged 0 to 2 years

14:00-15:00

Gut feeling 1

Mindfulness & exchange for pregnant women. Please register by e-mail to

familienzentrum-kastanienallee@pfh-berlin.de

16:00-17:00 Uhr

In Connection 1

Relaxation and exchange for single parents, with parallel activities for children.

- 1 Offers of the Kastanienallee Family Centre, Changes at short notice via: www.pfh-berlin.de/de/familienzentrum-kastanienallee
- 2 www.iranischegemeinde.org

WEDNESDAY

10:00-12:00

Intercultural playgroup¹

For families with children aged 0 to 2 years

15:00—17:00

Integration guides²

Support and information on residence, German courses. Jobcenter, social welfare office, school. etc. - Languages Languages: Kurdish, Turkish, Persian (Farsi / Dari) Russian, Urkaini.

15:30-17:00

Wednesday meet-up for families 1

A space for all types of families with children aged 3-6. Exchange ideas and network.

17:30-18:30

Yoga

Work on your flexibility and strengthen your body during an hour of yoga with Asha. Participation costs €10 or €7 with a discount.

18:00-20:00

Bike repair shop - open for everyone

Whoever needs a bicycle or would like to repair their own under supervision is cordially invited.

18:00-21:30

Happy printing in the print workshop

Application of various printing techniques and creation of own works of art. Please register by e-mail to kunst@ulme35.de.

18:30-20:00

Language café

For all people who want to speak German with each other, play games and have fun.

19:00—21:00 / every 3rd Wednesday of the month **Westend Photo Club**

The Westend Photo Club meets in the Ulme35 library to exchange experiences. — Anyone interested is cordially invited.

THURSDAY

15:00-17:00

Integration guides²

Support and information on residence, German courses, Jobcenter, social welfare office, school, etc. - Languages: Arabic, Latvian, Persian (Farsi / Dari), Russian.

15:00—18:30 / every 1. Thursday of the month

Social counselling for male migrants

ZAki — Bildung und Kultur e. V. supports integration in Charlottenburg-Wilmersdorf • Languages: Arabic, German. Appointments by message to 0176 84 76 57 87 (from 16:30 Men's café without registration)

16:00-18:00

uLMoToP!A

Workshop for sustainable building and crafting. The offer is open to all without registration.

17:00 - 18:30 / every 2nd Thursday of the month SchreibSalon (from 11.09.)

Writing, reading and discussing biographical-fictional texts together.registration by email to SchreibSalonUlme@web.de

17:00-19:00 / every 1st & 3rd Thursday

Knitting, crocheting, sewing at conservatory

Cosy get-together with coffee and handicrafts - knitting, sewing and crocheting in a friendly group, led by neighbour Simone.

18:00-21:00

Open atelier with registration

We will try different art techniques. Please register by e-mail to kunst@ulme35.de or message to 0179 940 77 95 (Elzbieta)

18:30-20:30

Ulme35-choir — voices without borders

An intercultural sing-along choir for everyone.

FRIDAY

15:45—16:45 CURRENTLY IN SUMMER BREAK

KiezKinderYoga - from the age of 6 years

Yoga by Moment Mal e.V. Registration by mail to benjamin@moment-mal.org

17:00-18:00

Yoga

Work on your flexibility and strengthen your body during an hour of yoga with Asha. Participation costs €10 or €7 with a discount.

17:00-19:00

Spieleabend

Open for everyone.

SATURDAY

12:00-14:00

Back on Track - Learning Support

Children meet with their mentors, who explain the learning material in German and Arabic.

15:00-17:00

Language café

For all people who want to speak German with each other, play games and have fun.

15:00-18:00

Children's cinema

We show movies for children. Afterwards we paint together.

SUNDAY

11:00-12:30

»Cogito, ergo sum«

An open philosophy-discussion round. Please register by e-mail to philosophie@ulme35.de

13:00—16:00 / every last Sunday of the month Sunday women — art workshop for women

In the Ulme35 studio. Please register by e-mail to sonntagsfrauen2018@gmail.com.