## **ULME35**

Encounter — Art — Social

# **B** 20 25



## **OPENING HOURS**

## Café35

 Wednesday
 15:00—20:30

 Thursday
 15:00—20:00

 Friday
 15:00—20:00

 Saturday
 14:00—19:00

during events bis 21:00

## **Clothing Bank**

Wednesday 15:00—17:00 Thursday 15:00—18:00 Friday 15:00—18:00

## **Meeting Point #Ukraine**

Wednesday 15:00—18:00 Thursday 15:00—18:00 Friday 15:00—18:00



more information and languages, updates

Ulme35 · Interkulturanstalten Westend e.V. Ulmenallee 35. 14050 Berlin



facebook.com/Ulme35

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## FRIDAY, 04.04. »The Swimmers«-Interkulturkino

19:00—22:30 Moving film by director Sally El Hosaini about two Syrian sisters.

entry from 18:30 Narrative based on true events. The screening is followed by a talk with the sisters' swimming coach. For a guaranteed place,

register via the website.

SATURDAY, 05.04. »Gardening together, strengthening community!« - Garden

13:00—16:00 action day

Together make the garden area of Ulme35 fit for encounters and exchange. No registration required.

FRIDAY, 11.04. »Purple Police« - Concert

18:00—20:00 A multi-piece band enchants to the rhythm of soul, pop entry from 17:45 and funk songs from the 70s to the present day. No registration required.

!NOTE! Ulme35 will be closed on Fri 18.04.2025 and Mon 21.04.2025 due to public holidays.

## REGULAR EVENTS

## **MONDAY**

10:00—11:30

## Familienkreis<sup>1</sup>

For families with children aged 0 to 1.5 years

15:30-17:30

## **Creative afternoon**

For the whole family

## **TUESDAY**

10:00-12:00

## Intercultural playgroup<sup>1</sup>

For families with children aged 0 to 2 years

## **WEDNESDAY**

10:00-12:00

## Intercultural playgroup<sup>1</sup>

For families with children aged 0 to 2 years

15:00—17:00

## Integration guides<sup>2</sup>

Support and information on residence, German courses, Jobcenter, social welfare office, school, etc. - Languages Languages: Kurdish, Turkish, Persian (Farsi / Dari) Russian, Urkaini. Appointments by mail to integrationslotsen@iranischegemeinde.de

17:00-18:00

## **Yoga**

Work on flexibility and postures and strengthen your body with an hour of yoga with Nika.

18:00-20:00

## Bike repair shop - open for everyone

Whoever needs a bicycle or would like to repair their own under supervision is cordially invited.

18:30-20:00

## Language café

For all people who want to speak German with each other, play games and have fun.

19:00—21:00 / every 3<sup>rd</sup> Wednesday of the month

The Westend Photo Club meets in the Ulme35 library to exchange experiences. — Anyone interested is cordially invited.

## Offers of the Kastanienallee Family Centre, Changes at short notice via: www.pfh-berlin.de/de/familienzentrum-kastanienallee

## 2 www.iranischegemeinde.org

## **THURSDAY**

15:00-17:00

## Integration guides<sup>2</sup>

Support and information on residence, German courses, Jobcenter, social welfare office, school, etc. - Languages: Arabic, Latvian, Persian (Farsi / Dari), Russian. Appointments by mail to integrationslotsen@iranischegemeinde.de

15:00—18:30 / every 1. Thursday of the month Social counselling for male migrants

ZAkï — Bildung und Kultur e. V. supports integration in Charlottenburg-Wilmersdorf • Languages: Arabic, German Appointments by message to 0176 84 76 57 87 (from 16:30 Men's café without registration)

16:00-18:00

## uLMoToP!A

Workshop for sustainable building and crafting. The offer is open to all without registration.

18:00-21:00

## Happy printing in the print workshop

Application of various printing techniques and creation of own works of art. Please register by e-mail to kunst@ulme35. (If interested and by arrangement also Wednesday and/or Friday)

18:00-21:00

## Open atelier with registration

We will try different art techniques, make new experiences and share them. Please register by e-mail to kunst@interkulturanstalten.de or message to 0179 940 77 95 (Elzbieta Latacz)

18:30-20:30

## Ulme-choir — voices without borders

An intercultural sing-along choir for everyone.

## **FRIDAY**

15:45-16:45

## KiezKinderYoga - from the age of 6 years

Playfully strengthen your own body awareness with yoga by Moment Mal e.V. Registration by mail to benjamin@moment-mal.or

17:00—18:00

## Yoga

Work on flexibility and postures and strengthen your body with an hour of yoga with Nika.

17:00—19:00

## **Spieleabend**

Open for everyone. Bring your own games or use the ones we have here.

## **SATURDAY**

15:00-17:00

## Language café

For all people who want to speak German with each other, play games and have fun.

15:00-18:00

## Children's cinema

We show movies for children. Afterwards we paint together.

17:00—18:30 / every last Saturday of the month Berlin through our eyes - Creative-Workshop

Creative techniques & exchange. Please register by e-mail to kreative.workshops.ulme35@gmail.com

## **SUNDAY**

11:00-12:30

## »Cogito, ergo sum«

An open philosophy-discussion round. Please register by e-mail to philosophie@ulme35.de

13:00—16:00 / every last Sunday of the month **Sunday women** — **art workshop for women** 

In the Ulme35 studio. Please register by e-mail to sonntagsfrauen2018@gmail.com.